



**Pantry Kitchen Restaurant Ltd.**  
***Pantry Kitchen Catering***

265 Archimedes Street, New Glasgow NS.

902 755 2292

[www.pantrykitchencatering.ca](http://www.pantrykitchencatering.ca)

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***Sandwich and Wrap Tray***

*Roast Beef ~ Chicken Breast ~ Black Forest Ham and Cheese*  
*Chicken Salad ~ Tuna Salad ~ Egg Salad*  
*Chicken Ranch & Cheddar Cheese ~ Chicken Caesar*  
*Shaved Black Forest Ham and Mozzarella Cheese ~ BBQ Chicken*

Large Tray 6 Sandwiches/4 Wraps \$52.50  
Medium Tray 4 Sandwiches/2 Wraps \$31.50  
Per each \$5.25

***Sandwich Tray***

*Roast Beef ~ Chicken Breast ~ Black Forest Ham and Cheese*  
*Chicken Salad ~ Tuna Salad ~ Egg Salad*

Large Tray 10 Sandwiches \$50.00  
Medium Tray 6 Sandwiches \$30.00  
Per each \$5.00

***Wrap Tray***

*Shaved Roast Beef & Honey Mustard ~ Chicken Ranch & Cheddar Cheese*  
*Shaved Black Forest Ham and Mozzarella Cheese ~ Chicken Caesar*  
*BBQ Chicken ~ Tuna and Cheddar ~ Pastrami and Swiss Cheese*

Large Tray 10 Wraps \$57.50  
Medium Tray 6 Wraps \$34.50  
Per each \$5.75

***Croissant Tray***

*Roast Beef & Honey Mustard ~ Chicken Breast with Cranberry Mayo*  
*Black Forest Ham and Mozzarella Cheese ~ Chicken Salad ~ Pastrami & Swiss Cheese*

Large Tray 10 Croissants \$57.50  
Medium Tray 6 Croissants \$34.50  
Per each \$5.75

***Dietary Restriction Requests: Additional Charge \$2.00 to \$4.00***

***Cocktail Sandwiches*** *For that special occasion we offer a variety of specially designed cocktail sandwiches, attractively garnished and displayed on glass platters. Contact us for details.*

**Soups**

***Minimum order of 10 servings per selection  
\$4.75***

Turkey Vegetable  
Beef Vegetable  
Tomato Cheddar  
Chicken Wild Rice and Mushroom  
Chicken Noodle  
Beef Barley  
Tomato Vegetable

*Soups includes Crackers*

**Chowders**

***Minimum order of 10 servings per selection***

Seafood Chowder     *Haddock ~ Baby Clams ~ Shrimp ~ Scallops*     **\$9.50**  
Chicken Corn and Bacon Chowder     **\$7.00**

*Chowders includes Rolls/Butter*

**Salad Selection**

***Minimum order of 10 servings per selection***

***Garden Salad***     **\$4.75 per person**  
Spring Mix Lettuce with Broccoli ~ Cauliflower ~ Cucumber ~ Celery  
Red and Green Bell Peppers ~ Cherry Tomatoes, *Served with Assorted Dressings*

***Spinach Salad***     **\$5.95 per person**  
Baby Spinach with Mushrooms ~ Mandarin Oranges ~ Grated Egg ~ Cherry Tomatoes  
Mozzarella Cheese ~ Sliced Almonds, *Served with Poppyseed Dressing*

***Berry Mandarin and Monterey Jack Cheese Salad***     **\$5.95 per person**  
Mixed Greens with Strawberries ~ Blueberries ~ Raspberries ~ Orange Mandarins  
Sliced Almonds ~ Monterey Jack Cheese, *Served with Raspberry Vinaigrette*

***Caesar Salad***     **\$4.75 per person**  
Crisp Romaine with Bacon Bits ~ Garlic Croutons ~ Grated Parmesan Cheese  
*Served with Caesar Dressing*

***Greek Salad***     **\$5.95 per person**  
Crisp Romaine ~ Cherry Tomatoes ~ Cucumber ~ Red Onions ~ Bell Peppers  
Kalamata Olives ~ Feta Cheese, *Served with Greek Extra Virgin Olive Oil Dressing*

***Vegetable Pasta Salad***     **\$5.95 per person**  
Gemelli Pasta with Broccoli ~ Cauliflower ~ Cucumber ~ Celery  
Red and Green Bell Peppers ~ Cherry Tomatoes *Mixed with Red Pepper, Parmesan Dressing*

***Quinoa Salad***     **\$5.75 per person**  
Avocado ~ Chopped Spinach Leaves ~ Cucumber ~ Cherry Tomatoes ~ Green Onions  
Maple Glazed Cashews ~ Pumpkin Seeds *Mixed with a Maple Balsamic Vinaigrette*



## **Nutrition Break**

<i>Muffins</i>		<i>\$1.95 each</i>
<i>Pastries</i>		<i>\$1.95 each</i>
<i>Cinnamon Rolls</i>		<i>\$1.95 each</i>
<i>Squares</i>	<i>Medium 30 Pieces</i>	<i>\$33.00</i>
	<i>Large 40 Pieces</i>	<i>\$44.00</i>
<i>Cookie Tray</i>	<i>Medium 30 Pieces</i>	<i>\$28.50</i>
	<i>Large 40 Pieces</i>	<i>\$38.00</i>
<i>Sweet Loaf Tray</i>	<i>Medium 30 Pieces</i>	<i>\$28.50</i>
	<i>Large 40 Pieces</i>	<i>\$38.00</i>
<i>Fruit Basket</i>		<i>\$1.95 per piece</i>
<i>Assorted Fresh Fruits</i>		
<i>Yogurt Assorted Flavors</i>		<i>\$1.75 each</i>
<i>Granola Bars</i>		<i>\$1.75 each</i>

## **Hot Buffet Luncheons**

*Minimum order of 10 servings per selection*

<i>Classic Meat Lasagna</i>	<i>Caesar Salad ~ Garlic Bread</i>	<i>\$14.50</i>
<i>Chicken Vegetable Alfredo Pasta</i>	<i>Garden Salad ~ Dinner Roll</i>	<i>\$14.50</i>
<i>Sweet and Sour Meatballs or Honey Garlic Meatballs</i>	<i>Rice ~ Seasonal Vegetables ~ Dinner Roll</i>	<i>\$14.50</i>
<i>Shepherd's Pie</i>	<i>Seasonal Vegetables ~ Dinner Roll</i>	<i>\$14.50</i>
<i>Meatloaf with Pan Gravy</i>	<i>Mashed Potatoes ~ Seasonal Vegetables Dinner Roll</i>	<i>\$14.50</i>
<i>Chicken Eggplant Ratatouille</i>	<i>Rice ~ Dinner Roll</i>	<i>\$14.50</i>

***Dietary Restriction Requests: Additional Charge \$3.00 to \$4.00***

## **Luncheon Desserts**

*Minimum order of 10 servings per selection*

Assorted Squares	<b>\$1.10 per piece</b>
Cookies <i>Large</i>	<b>\$0.95 each</b>
Apple Crisp	<b>\$3.95</b>
Pies	<b>\$3.95 per slice (contact us for variety of choices)</b>
Fresh Fruit Cup	<b>\$3.95</b>

*Other Luncheon Dessert Options Available on Page --*

## **Beverages**

***Coffee and Tea*** **\$13.00 per 10 Cup Thermal**  
*Includes Creamers Milkers Sugar Twin*  
*Glass or Paper Service*

***Iced Spring Water Pitchers*** **\$1.50 per Pitcher**  
*Glass or Plastic Service*

***Fruit Punch*** **\$19.95 20-7oz Servings**

***Can Pop*** **\$1.95 each**

***Bottled or Can Juices*** **\$2.25 each**

***Bottled Water Aquafina 500ml*** **\$1.95 each**

***Milk 310ml*** **\$2.25 each**  
*White or Chocolate*

**Taco Bar***Minimum Order - 30*Soft Tortillas and Corn Tortillas *with Holders*

Ground Beef Mix

Chicken Breast Mix

Toppings

Red Onions *Diced*Green Leaf Lettuce *Shredded*

Fresh Cilantro

Green and Purple Cabbage *Shredded*Black Olives *Sliced*Roma Tomatoes *Diced*Bell Peppers *Sliced*Jalapenos *Sliced*

Guacamole

Cheese Blend *Shredded*

Sour Cream

Tomato Salsa

Salads

*To choose two selections from Salad Platter list Page 15**Price per person: \$17.95***Chili Bar***Minimum Order - 30*

Beef Chili

Toppings

Cheese Blend *Shredded*

Sour Cream

Bacon Bits

Jalapenos *Sliced*Onions *Diced*

Chili Flakes

Served with Tortilla Chips

Salads

*To choose two selections from Salad Platter list Page 15**Price per person: \$17.95***Mac and Cheese Bar***Minimum Order - 30*

Traditional Macaroni and Cheese

Toppings

Bacon Bits

Ham *Diced*Pepperoni *Sliced*

Cheddar Cheese

Tomato Salsa

Jalapenos *Sliced*

Green Onions

Black Olives *Sliced*Cherry Tomatoes *Sliced*

Crumbled Pretzels

Crumbled Tortillas

Chili Flakes

Salads

*To choose two selections from Salad Platter list Page 15**Price per person: \$17.95**Contact us for Full Service pricing for Taco, Chili and Mac & Cheese Bar***Sliders***Minimum Order per selection – 2 dozen*

Bacon Cheeseburger Slider

Turkey Cranberry &amp; Dressing Slider

Ham and Swiss Slider

French Onion Beef Slider

Pulled Pork Slider

BBQ Chicken Slider

Pizza Slider

Chicken Parmesan Slider

Chicken Bacon Ranch Slider

*Price per dozen: \$38.00*

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## **Platters and Boards**

### ***Fruit Platter***

*A Variety of Tropical Fruits*

**\$57.50** Large ~ Serves 25 to 30

**\$46.50** Medium ~ Serves 15 to 20

### ***Vegetable Platter with a Ranch Dip***

*An Assortment of fresh cut Vegetables*

**\$43.50** Large ~ Serves 25 to 30

**\$36.50** Medium ~ Serves 15 to 20

### ***Cheese and Cracker Platter***

*An Assortment of 5 Cheeses*

*With a Variety of Crackers*

**\$62.50** Large ~ Serves 25 to 30

**\$49.50** Medium ~ Serves 15 to 20

### ***Meat and Cheese Platter***

*An Assortment of Deli Meats and Cheeses*

**\$67.50** Large ~ Serves 25 to 30

**\$54.50** Medium ~ Serves 15 to 20

### ***Cheese Log Platter with Crackers***

*Pecan ~ Cranberry Almond ~ Tex Mex*

**\$43.50** Serves 25 to 30

### ***Shrimp Platter with Cocktail Sauce***

**\$55.50** Serves 25 to 30

### ***Charcuterie and Cheese Board***

*A selection of Cured and Smoked Meats*

*International Hard and Soft Cheeses*

*Complimented with Dried Fruits and Olives*

*Accompanied by a Platter of a Distinctive Selection of Crackers and Baguettes*

**\$130.00**

## **Salsa and Chips Trays**

***Strawberry Apple Salsa served with Cinnamon Chips***

**\$35.00** per tray Serves 25 to 30

***Pear Pineapple Salsa served with Sugar Chips***

**\$35.00** per tray Serves 25 to 30

***Fresh Tomato Salsa served with Spiced Chips***

**\$35.00** per tray Serves 25 to 30



**Hot Items**

Maple Apple Chicken Skewers 2.5oz	<b>\$38.00 per dozen</b>
Roasted Red Pepper and Garlic Beef Skewers 2.5oz	<b>\$38.00 per dozen</b>
Meatballs Sweet and Sour/Honey Garlic	<b>\$19.00 per dozen</b>
Bacon Wrapped Scallops	<b>\$40.00 per dozen</b>

*Minimum order of 3 dozen of any one selection*

**Canapés**

**\$19.95 per dozen**

*Atlantic Smoked Salmon with Asparagus  
Pastrami and Havarti Cheese  
Lemon Shrimp  
Tomato Salsa Bruschetta  
Black Forest Ham and Swiss  
Roasted Red Pepper Hummus Baguette  
Spinach and Artichoke Spread  
BLT Bites*

*Minimum order of 2 dozen of any one selection*

**Hors d'oeuvres**

**\$19.95 per dozen**

*Mini Pinwheel Meat Wraps  
Mini Fruit Skewers  
Cheese Meats and Cherry Tomato Skewers  
Cucumber Stuffed with Smoked Salmon Bites  
Herb Cream Cheese Cucumber Coins*

*Minimum order of 2 dozen of any one selection*

**In Glass**

Shrimp Skewers in Glass **\$24.00 per dozen glasses**  
*Presented in mini Glasses with Seafood Sauce*

Fruit Skewers in Glass **\$20.00 per dozen glasses**  
*Presented in mini Glasses with a Mixed Yogurt*

*Minimum order of 2 dozen of any one selection*

<b>Starter Salad</b>	Berry Mandarin and Monterey Jack Salad	<b>\$5.95</b>
	<i>Mixed Greens with Sliced Strawberries ~Blueberries Raspberries ~ Orange Mandarins and Monterey Jack Cheese Served with Raspberry Vinaigrette</i>	
	Spinach and Curried Cashews Salad	<b>\$5.95</b>
	<i>Fresh Baby Spinach with Sliced Strawberries ~ Orange Mandarins Pineapple Tidbits ~ Maple Curried Cashews and Swiss Cheese Served with Orange Poppyseed Dressing</i>	
<b>Starter Soup</b>	Seasonal Harvest Salad	<b>\$5.95</b>
	<i>Crisp Romaine ~ Yellow Squash ~ Sliced Cranberries Maple Spiced Pecans ~ Pumpkin Seeds ~ Goat Cheese Served with Honey Buttermilk Dressing</i>	
	Garden Salad	<b>\$4.95</b>
	<i>Spring Mix Lettuce with Broccoli ~ Cauliflower ~ Cucumber Celery ~ Red and Green Bell Pepper and Cherry Tomatoes Served with Italian Dressing</i>	
	Other Salads Available on request	
<b>Starter Soup</b>	Roasted Butternut Squash Soup	<b>\$5.95</b>
	<i>with Crème Fraîche</i>	
	Roasted Red Pepper and Field Tomato Soup	<b>\$5.95</b>
	<i>Starter Soups served with sliced Baguettes</i>	
	Other Soups available on request	

<b>Plated Dinners</b>	Apple Pecan Stuffed Chicken Breast	<b>\$24.00</b>
	Cranberry Walnut Stuffed Chicken Breast <i>With a Maple Whiskey Sauce</i>	<b>\$26.00</b>
	Bruschetta and Romano Stuffed Chicken Breast <i>With a Sundried Tomato Glaze</i>	<b>\$26.00</b>
	Roasted Chicken Breast <i>With a Cabernet Cranberry Blueberry Sauce</i>	<b>\$26.00</b>
	Roasted Pork Loin with a Maple Apple Cider Reduction <i>Served with Apple Sauce</i>	<b>\$23.00</b>
	Dijon Rubbed Pork Loin with a Rhubarb Sauce	<b>\$25.00</b>
	Sundried Tomato Spinach Cheese Stuffed Pork Loin	<b>\$26.00</b>
	Traditional Roast Turkey Dinner <i>with Savory Dressing and Cranberries</i>	<b>\$26.00</b>
	Seasoned Roast of Beef <i>served with a Green Tomato Chow</i>	<b>\$27.00</b>

**Choice of One Side**    *Whipped Potatoes with Side of Pan Gravy*  
*Garlic and Chive Whipped Potatoes*  
*Oven Roasted Seasoned Potatoes*  
*Seasoned Rice*

**Entrées Include**    *Vegetable Medley*  
*Dinner Roll*  
*Artisan Breads and Rolls Baskets Add \$1.00 pp*  
*House Blend Coffee and Steeped Tea*  
*Iced Spring Water*

**Price includes**    All Dishware Silverware and Water Goblets  
Setting of Tables  
Table Service  
Servers

**Dietary Restricted Options**    *Additional Charge \$4.00 to \$6.00 per Dinner*

<b>Dessert Options</b>	Strawberry Shortcake	\$4.75
	Cheesecake with Blueberry Sauce	\$4.95
	Cheesecake with Strawberry Sauce	\$4.95
	Maple Apple Crisp	\$3.95
	<i>Warm with Vanilla Ice Cream</i> <i>add \$1.00</i>	
	Sticky Toffee Cake	\$4.50
	<i>Pie Lemon or Coconut Cream or Apple</i>	\$4.50

**Dessert Selection Platter**

*To choose four selections ~ presented on white platters*

- Maple Apple Crisp
- Strawberry Rhubarb Crisp
- Raisin Bread Pudding with Caramel Sauce
- Sticky Toffee Cake
- Chocolate Cake with Dark Chocolate Icing
- Blueberry Cheesecake

*Price per person*      **\$4.95**

**Dinner Pricing subject to Gratuity 15%**

**Buffet Option #1*****Minimum order 30 People******Hot Meat Options****To Choose Two Meat Items*Bourbon Glazed Chicken Breast  
*With a Corn and Sweet Tomato Chutney*

Roast Beef au Jus

Apple Maple Glazed Chicken Skewers

Pork Loin Stuffed with an Apple Bread Dressing

Chicken Stir Fry

*Strips of Chicken Breast with Broccoli ~Cauliflower  
Sweet Peppers ~ Mushrooms ~ Celery ~ Red Onions****Hot Vegetables****To Choose Two Sides`*Whipped Potatoes  
Oven Roasted Potatoes  
Seasoned Rice  
Garden Blend Vegetables***Salad Options****To Choose Three Salads  
See descriptions Page 15*Garden Salad                  Berry Mandarin Salad  
Spinach Salad                Spinach and Fruit Salad  
Caesar Salad                 Vegetable Pasta Salad  
Greek Salad                  Broccoli Grape and Pasta Salad  
Quinoa Salad                 Traditional Potato Salad  
Pantry Bean Salad         Bacon & Red Potato Salad***Buffet Includes***Dinner Roll  
Coffee and Tea  
Spring Ice Water***Service Style***Buffet service with servers to assist guests  
Table Service for Coffee and Tea***Price includes***All Dishware Silverware and Water Goblets  
Buffet Table Linens *Black Floor Length with White Overlay*  
Setting of Tables  
Servers***Buffet Price \$37.50******Dietary restricted options Additional Charge \$4.00 to \$6.00 per Request*****Buffet Pricing subject to Gratuity 15%**

**Buffet Option #2*****Minimum order 30 People******Hot Meat Options****To Choose Two Meat Items*

Classic Meat Lasagna

Honey Garlic or Sweet and Sour Meatballs

Sweet and Sour Pineapple Pork Strips

Chicken Vegetable Alfredo Pasta

*Chile con Carne with Tortilla Chips  
and 3 Blend Cheese for Topping*

Chicken Eggplant Ratatouille

***Hot Vegetables****To Choose Two*

Seasoned Rice

Oven Roasted Potatoes

Whipped Potatoes

Garden Blend Vegetables

***Salad Options****To Choose Three Salads**See descriptions Page 15*

Garden Salad

Spinach Salad

Caesar Salad

Greek Salad

Quinoa Salad

Pantry Bean Salad

Berry Mandarin Salad

Spinach and Fruit Salad

Vegetable Pasta Salad

Broccoli Grape and Pasta Salad

Traditional Potato Salad

Bacon &amp; Red Potato Salad

***Buffet Includes***

Dinner Roll

Coffee and Tea

Spring Ice Water

***Service Style***

Buffet service with servers to assist guests

Coffee and Tea is table service

***Price includes***

All Dishware Silverware and Water Goblets

Buffet Table Linens *Black Floor Length with White Overlay*

Setting of Tables

Servers

***Buffet Price \$32.00******Dietary restricted options Additional Charge \$4.00 to \$6.00 per Request*****Buffet Pricing subject to Gratuity 15%**

## **Salad Descriptions**

### **Garden Salad**

*Spring Mix Lettuce with Broccoli ~Cauliflower ~ Cucumber ~ Celery  
Red and Green Pepper ~ Cherry Tomatoes with Choice of side Dressing*

### **Spinach Salad**

*Fresh Baby Spinach with Mushrooms ~ Mandarin Oranges ~ Grated Egg  
Cherry Tomatoes ~Mozzarella Cheese and Sliced Almonds with side Poppyseed Dressing*

### **Caesar Salad**

*Crisp Romaine with our own Bacon Bits and Croutons  
Topped with Grated Parmesan Cheese with side Caesar Dressing*

### **Greek Salad**

*Crisp Romaine Leaves with Sliced Cherry Tomatoes ~ Cucumber ~ Red Onions ~ Bell Peppers  
Kalamata Olives ~ Feta Cheese with a side of Greek Extra Virgin Olive Oil Dressing*

### **Berry Mandarin and Monterey Jack Salad**

*Mixed Greens with Sliced Strawberries ~Blueberries ~ Raspberries ~ Orange Mandarins  
Sliced Almonds ~ Monterey Jack Cheese with side Raspberry Vinaigrette*

### **Spinach & Fruit Salad**

*Baby Spinach with Sliced Strawberries ~ Kiwi ~ Fresh Pineapple Tidbits ~ Swiss Cheese  
Maple Walnuts and Sunflower Seeds with a side of Citrus Poppyseed Dressing*

### **Vegetable Pasta Salad**

*Gemelli Pasta with Broccoli ~ Cauliflower ~ Cucumber ~ Cherry Tomatoes  
Celery Green Peppers and Red Bell Peppers Mixed with a Red Pepper Parmesan Dressing*

### **Broccoli Grape Pasta Salad**

*Bow Tie Pasta with Broccoli ~ Bacon~ Grape Halves ~ Red Onions ~ Pecans  
Mixed with a Red Wine Vinegar Dressing*

### **Quinoa Salad**

*Avocado ~ Chopped Spinach Leaves ~ Cucumber ~ Cherry Tomatoes ~ Green Onions  
Maple Curry Cashews ~ Pumpkin Seeds Mixed with a Maple Balsamic Vinaigrette*

### **Traditional Potato Salad**

*Fresh Cut Potatoes ~ Grated Egg ~ Celery ~ Carrot with a Creamy Dressing*

### **Bacon and Red Potato Salad**

*Fresh Cut Red Potatoes ~ Bacon Bits ~ Grated Egg ~ Celery ~ Carrot with a Creamy Dressing*

### **Pantry Bean Salad**

*Green Beans ~ Yellow Beans ~ Red Kidney Beans ~ Chickpeas ~ Sliced Onions  
Marinated in our own Zesty Dressing*

- Thank you for your interest in our catering menu, should your plan include items or selections not listed in this brochure we will be happy to customize a menu for you and are looking forward to demonstrate our quality to you and your guests.
- A quotation can be provided for your function upon request.
- A minimum of 48 hours' notice for most functions is requested although every effort will be made to accommodate requests of shorter notice.
- Delivery available ~ additional delivery charge may apply for orders less than \$100.00 and for orders outside of the four towns: New Glasgow, Stellarton, Westville and Trenton.
- After finishing a catered event unused food items may be taken by the event coordinator however we cannot accept responsibilities and liabilities in relation to the quality and safety of the food after it has been taken from the catered location due to FE. Improper storage/heating.
- For dietary restriction requests proper procedures and guidelines are followed to avoid any cross-contamination, *We Do Not Operate a Nut-Free or Gluten-Free Kitchen.* We will not assume any liability for adverse reactions to foods consumed or items an individual may come in contact with at any event catered by Pantry Kitchen Catering
- Prices are subject to applicable HST
- Payment Methods: Cash, Cheque, E-Transfer, Visa, Master-Card, American Express
- Pricing in effect as of March 1<sup>st</sup>, 2022

*To keep You and Our Industry Safe, We Maintain  
a Valid Food Permit. License and Insurance.*